

Federally Required Wellness Policy Language (WellSAT Triennial Assessment)			
WellSAT Scoring Guidelines <a href="#">HERE</a>		Master Wellness Policy <a href="#">HERE</a>	Wellness Policy Scores
Goal	WellSAT Goal Description	Suggested Policy Language	
NE1	NE1: Includes goals for nutrition education that are designed to promote student wellness. Federal Rule language states that policies must include "specific goals for nutrition promotion and education, physical activity, and other school-based activities that promote student wellness."	Schools will provide nutrition education integrated into other subjects/broader curriculum, as part of health education and offer stand-alone classes at each grade level.	2
SM1	SM1: Assures compliance with USDA nutrition standards for reimbursable school meals. Federal Rule language states that local educational agencies must set "standards and nutrition guidelines for all food and beverages sold to students during the school day" that "are consistent with applicable requirements set forth under 210.10." Additionally, the WIC Reauthorization Act of 2004 states that all wellness policies must "provide an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by the Secretary of Agriculture."	Meals served through the district's food services program shall comply with the National School Lunch and/or Breakfast standards for meal patterns, nutrient levels, and calorie requirements for the ages/grade levels served, as specified in 7 CFR 210.10 or 220.8, as applicable. Click link for specific standards: <a href="https://www.fns.usda.gov/nslp/national-school-lunch-program-meal-pattern-chart">https://www.fns.usda.gov/nslp/national-school-lunch-program-meal-pattern-chart</a>	1
SM3	SM3: District takes steps to protect the privacy of students who qualify for free or reduced priced meals. The National School Lunch Act puts restrictions on how much information can be shared from participants. The United States Department of Agriculture states "school food authorities must assure that a child's eligibility status is not disclosed at any point in the process of providing free or reduced-price meals, including notification of the availability of free or reduced-price benefits, certification and notification of eligibility, provision of meals in the cafeteria, and the point of service." N/A (district qualifies for community eligibility)	Schools will-provide meals at no charge to all children, regardless of income and promote the availability of school meals to all students.	0
SM8	SM8: Free drinking water is available during meals. Federal Rule language states that schools "must make potable water available to children at no charge in the place where lunches are served during the meal service, consistent with amendments made by section 203 of the HHFKA, and in the cafeteria during breakfast meal service."	Free potable water is available to children at no charge in the place where lunches are served during the meal service, consistent with amendments made by section 203 of the HHFKA, and in the cafeteria during breakfast meal service.	2
SM9	SM9: Ensures annual training for food and nutrition services staff in accordance with USDA Professional Standards. Training requirements include: new and current directors: 12 hours; new and current managers: 10 hours; new and current staff: 6 hours. Requirement information available at: <a href="https://www.gpo.gov/fdsys/pkg/FR-2015-03-02/pdf/2015-04234.pdf">https://www.gpo.gov/fdsys/pkg/FR-2015-03-02/pdf/2015-04234.pdf</a> .	The USDA Professional Standards for State and Local Nutrition Programs are followed to ensure that professional development in the area of food and nutrition is provided for food service directors, managers and staff. New and current food service directors must have at least 12 hours; new and current managers must have at least 10 hours; new and current staff must have at least 6 hours.	1

NS1	NS1: Addresses compliance with USDA nutrition standards (commonly referred to as Smart Snacks) for all food and beverages sold to students during the school day. The school day begins at midnight the night before and goes until 30 minutes after the final bell. Federal Rule language states that policies must contain "standards and nutrition guidelines for all foods and beverages sold to students during the school day on each participating school campus under the jurisdiction of the local educational agency."	The district follows all federal and state nutrition standards for all foods served in schools.	2
NS3	NS3: Regulates food and beverages sold in a la carte. If a policy requires that "all food sold" or "all food and beverages made available" meet Smart Snacks standards, or competitive foods are not allowed to be sold, NS3 should be coded as a 2.	It is the policy of the School District that all foods and beverages made available to students during the school day on any property under the jurisdiction of the district will meet the U.S. Department of Agriculture (USDA) school meal and/or Smart Snacks in School (Smart Snacks) nutrition standards.	1
NS4	NS4: Regulates food and beverages sold in vending machines. If a policy requires that "all food sold" or "all food and beverages made available" meet Smart Snacks standards, or competitive foods are not allowed to be sold, NS4 should be coded as a 2.	It is the policy of the School District that all foods and beverages made available to students during the school day on any property under the jurisdiction of the district will meet the U.S. Department of Agriculture (USDA) school meal and/or Smart Snacks in School (Smart Snacks) nutrition standards.	1
NS5	NS5: Regulates food and beverages sold in school stores. If a policy requires that "all food sold" or "all food and beverages made available" meet Smart Snacks standards, or competitive foods are not allowed to be sold, NS5 should be coded as a 2	It is the policy of the School District that all foods and beverages made available to students during the school day on any property under the jurisdiction of the district will meet the U.S. Department of Agriculture (USDA) school meal and/or Smart Snacks in School (Smart Snacks) nutrition standards.	1
NS6	NS6: Addresses fundraising with food to be consumed during the school day. If a policy requires that "all food sold" or "all food and beverages made available" meet Smart Snacks standards, or competitive foods are not allowed to be sold, NS6 should be coded as a 2. Smart Snacks applies to food and beverages sold as fundraiser during the school day. State agencies may adopt a policy that allows for exemptions to this requirement for infrequent school-sponsored fundraisers.	It is the policy of the School District that all foods and beverages made available to students during the school day on any property under the jurisdiction of the district will meet the U.S. Department of Agriculture (USDA) school meal and/or Smart Snacks in School (Smart Snacks) nutrition standards.	1
NS9	NS9: Regulates food and beverages served at class parties and other school celebrations in elementary schools. Use N/A if no elementary schools in district.	The district shall encourage non-food celebrations or celebrations that follow Smart Snack regulations and provide parents with a list of allowable party foods that meet the Smart Snack standards.	1

WPM7	WPM7: Restricts marketing on the school campus during the school day to only those foods and beverages that meet Smart Snacks standards. School marketing includes food and beverage advertising and other marketing, such as the name or depiction of products, brands, logos, trade marks, or spokespersons or characters, on any property or facility owned or leased by the school district or school (such as school buildings and campus, outside and areas adjacent to school buildings, athletic fields, school buses, parking lots, or other facilities) and used at any time for school-related activities. Federal Rule language states that schools may only "permit marketing on the school campus during the school day of those foods and beverages that meet the nutrition standards under 210.11 and promote student health and reduce childhood obesity."	California Education Code 49431.9 The Pupil Nutrition, Health, and Achievement Act of 2001  (2) Participate in a corporate incentive program that rewards pupils with free or discounted foods or beverages that do not comply with Smart Snacks guidelines. [WPM 7,8,9,10,11]	1
IEC2	IEC2: Addresses how all relevant stakeholders (parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrator, and the general public) will participate in the development, implementation, and periodic review and update of the local wellness policy. Federal Rule language states that the policy must include "a description of the manner in which parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrators, and the general public are provided an opportunity to participate in the development, implementation, and periodic review and update of the local school wellness policy."	The wellness committee will meet a minimum of once per year. A letter will be sent to the school community via email, and will be posted on the district nutrition services website, inviting members of the community to join the wellness committee. Parents, students, representatives of the school food authority, PE teachers, school health professionals, the school board, school administrators, and the general public will be included in the development, implementation, review and update of the wellness policy.	2
IEC3	IEC3: Identifies the officials responsible for the implementation and compliance of the local wellness policy. Federal Rule language states that each local educational agency must "designate one or more local educational agency officials or school officials to ensure that each participating school complies with the local school wellness policy."	The — [role and name] shall be responsible for ensuring that the wellness policy is implemented throughout district schools.	1
IEC4	IEC4: Addresses making the wellness policy available to the public. Federal Rule language states that local educational agencies must "inform the public about the content and implementation of the local school wellness policy, and make the policy and any updates to the policy available to the public on an annual basis."	All public schools and public charter schools shall promote their local wellness policy to faculty, staff, parents, and students. A copy shall be posted on each school's website.	1
IEC5	IEC5: Addresses the assessment of district implementation of the local wellness policy at least once every three years. Federal Rule language states that local educational agencies must "at least once every three years, assess schools' compliance with the local school wellness policy, and make assessment results available to the public."	The Advisory Council shall conduct a quantitative assessment of policy implementation every three years using the Wellness School Assessment Tool-Implementation (WellSAT-I) or the School Health Index and make assessment results available to the public.	1

IEC6	<p>IEC6: Triennial assessment results will be made available to the public and will include:</p> <ol style="list-style-type: none"> <li>1. The extent to which schools under the jurisdiction of the LEA are in compliance with the local school wellness policy;</li> <li>2. The extent to which the LEA's local school wellness policy compares to model local school wellness policies;</li> <li>3. A description of the progress made in attaining the goals of the local school wellness policy.</li> </ol>	<p>The triennial progress report will be posted on the district website. The report will include an assessment on compliance, the extent to which our wellness policy compares to model wellness policies, and progress made in achieving goals.</p>	2
IEC7	<p>IEC7: Addresses a plan for updating policy based on results of the triennial assessment. Federal Rule language states that districts must "make appropriate updates or modifications to the local school wellness policy, based on the triennial assessment."</p>	<p>Every three years, the wellness committee will review the latest national recommendations pertaining to school health and will update the wellness policy accordingly.</p>	1